

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
CENTERS FOR MEDICARE & MEDICAID SERVICES

PRINTED: 09/27/2024  
FORM APPROVED  
OMB NO. 0938-0391

|   |   |  |  |  |  |
|---|---|--|--|--|--|
| STATEMENT OF DEFICIENCIES<br>AND PLAN OF CORRECTION                               |   | (X1) PROVIDER/SUPPLIER/CLIA<br>IDENTIFICATION NUMBER:<br><br><b>315259</b> | (X2) MULTIPLE CONSTRUCTION<br>A. BUILDING _____<br><br>B. WING _____   |  | (X3) DATE SURVEY<br>COMPLETED<br><br><b>C</b><br><b>07/31/2024</b> |
| NAME OF PROVIDER OR SUPPLIER<br><br><b>MOUNTAINSIDE SKILLED NURSING AND REHAB</b> |   |  | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>1180 ROUTE 22 WEST</b><br><b>MOUNTAINSIDE, NJ 07092</b>                      |  |  |
| (X4) ID<br>PREFIX<br>TAG  | SUMMARY STATEMENT OF DEFICIENCIES<br>(EACH DEFICIENCY MUST BE PRECEDED BY FULL<br>REGULATORY OR LSC IDENTIFYING INFORMATION)  | ID<br>PREFIX<br>TAG  | PROVIDER'S PLAN OF CORRECTION<br>(EACH CORRECTIVE ACTION SHOULD BE<br>CROSS-REFERENCED TO THE APPROPRIATE<br>DEFICIENCY) |  | (X5)<br>COMPLETION<br>DATE   |
| F 000   | INITIAL COMMENTS<br><br>Complaint#: NJ172132, NJ175519<br><br>Census: 128<br><br>Sample: 4<br><br>THE FACILITY IS NOT IN SUBSTANTIAL<br>COMPLIANCE WITH THE REQUIREMENTS OF<br>42 CFR PART 483, SUBPART B, FOR LONG<br>TERM CARE FACILITIES BASED ON THIS<br>COMPLAINT VISIT.   | F 000  |  |  |  |
| F 690<br>SS=E   | Bowel/Bladder Incontinence, Catheter, UTI<br>CFR(s): 483.25(e)(1)-(3)<br><br>§483.25(e) Incontinence.<br>§483.25(e)(1) The facility must ensure that<br>resident who is continent of bladder and bowel on<br>admission receives services and assistance to<br>maintain continence unless his or her clinical<br>condition is or becomes such that continence is<br>not possible to maintain.<br><br>§483.25(e)(2) For a resident with urinary<br>incontinence, based on the resident's<br>comprehensive assessment, the facility must<br>ensure that-<br>(i) A resident who enters the facility without an<br>indwelling catheter is not catheterized unless the<br>resident's clinical condition demonstrates that<br>catheterization was necessary;<br>(ii) A resident who enters the facility with an<br>indwelling catheter or subsequently receives one<br>is assessed for removal of the catheter as soon<br>as possible unless the resident's clinical condition<br>demonstrates that catheterization is necessary;<br>and | F 690  |  |  | 8/28/24  |

LABORATORY DIRECTOR'S OR PROVIDER/SUPPLIER REPRESENTATIVE'S SIGNATURE

TITLE

(X6) DATE

Electronically Signed

08/19/2024

Any deficiency statement ending with an asterisk (\*) denotes a deficiency which the institution may be excused from correcting providing it is determined that other safeguards provide sufficient protection to the patients. (See instructions.) Except for nursing homes, the findings stated above are disclosable 90 days following the date of survey whether or not a plan of correction is provided. For nursing homes, the above findings and plans of correction are disclosable 14 days following the date these documents are made available to the facility. If deficiencies are cited, an approved plan of correction is requisite to continued program participation.

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| NAME OF PROVIDER OR SUPPLIER<br><br><b>MOUNTAINSIDE SKILLED NURSING AND REHAB</b> |   |  | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>1180 ROUTE 22 WEST</b><br><b>MOUNTAINSIDE, NJ 07092</b>  |  |  |
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| F 690   | <p>Continued From page 1</p> <p>(iii) A resident who is incontinent of bladder receives appropriate treatment and services to prevent urinary tract infections and to restore continence to the extent possible.</p> <p>§483.25(e)(3) For a resident with fecal incontinence, based on the resident's comprehensive assessment, the facility must ensure that a resident who is incontinent of bowel receives appropriate treatment and services to restore as much normal bowel function as possible.</p> <p>This REQUIREMENT is not met as evidenced by:<br/>Complaint #: NJ172131, NJ175519</p> <p>Based on observation, interview, review of the medical record, and review of other facility documentation, it was determined that the facility failed to obtain a physician's order for the care of an [REDACTED] NJ Exec Order 26.4b1 [REDACTED] for Resident #2. This deficient practice was identified for 1 of 4 residents (Resident #2) reviewed for the use of an [REDACTED] NJ Exec Order 26.4b1 [REDACTED] and was evidenced by the following:</p> <p>According to the Admission Record, Resident #2 had diagnoses that included, but were not limited to, [REDACTED] NJ Exec Order 26.4b1 [REDACTED]</p> <p>Review of Resident #2's Quarterly Minimum Data Set (MDS), dated [REDACTED] NJ Exec Order 26.4b1 [REDACTED], included the</p> | F 690  | <p><b>Corrective Action</b><br/>[REDACTED] NJ Exec Order 26.4b1 [REDACTED] was [REDACTED] NJ Exec Order 26.4b1 [REDACTED] immediately for resident #2 and received an order from the physician to [REDACTED] NJ Exec Order 26.4b1 [REDACTED] and as needed.</p> <p><b>Potential to Affect</b><br/>All residents with indwelling catheters and suprapubic catheters have the potential to be affected.</p> <p><b>Systemic Change</b><br/>The Director of Nursing/Designee will educate licensed nurses, Unit Managers and Nursing Supervisors on ensuring physician orders are in place upon admission, readmission or with change of condition requiring an indwelling Foley or suprapubic catheters, in accordance with facility policy/or as per physician recommendation. An audit was completed to ensure that all residents with indwelling and suprapubic catheters have a physician order with proper diagnosis and in accordance with facility policy.</p> |  |  |

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| NAME OF PROVIDER OR SUPPLIER<br><br><b>MOUNTAINSIDE SKILLED NURSING AND REHAB</b> |   |  | STREET ADDRESS, CITY, STATE, ZIP CODE<br><b>1180 ROUTE 22 WEST</b><br><b>MOUNTAINSIDE, NJ 07092</b>   |  |  |
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| F 690   | <p>Continued From page 2</p> <p>resident had a Brief Interview for Mental Status (BIMS) of [REDACTED] which indicated that the resident was [REDACTED] NJ Exec Order 26.4b1. Further review of the MDS revealed the resident had an [REDACTED] NJ Exec Order 26.4b1 and had [REDACTED] NJ Exec Order 26.4b1 to [REDACTED] NJ Exec Order 26.4b1 and [REDACTED] NJ Exec Order 26.4b1.</p> <p>Review of Resident #2's Care Plan (CP) revealed a "Focus" initiated on [REDACTED] NJ Exec Order 26.4b1, for the resident's use of an [REDACTED] NJ Exec Order 26.4b1 due to [REDACTED] NJ Exec Order 26.4b1 with [REDACTED] NJ Exec Order 26.4b1. The CP included an intervention, initiated on [REDACTED] NJ Exec Order 26.4b1, to [REDACTED] NJ Exec Order 26.4b1 per physician order, every month and as needed.</p> <p>Review of Resident #2's Order Summary Report (OSR), for active orders as of [REDACTED] NJ Exec Order 26.4b1 showed there were no orders for [REDACTED] NJ Exec Order 26.4b1 or [REDACTED] NJ Exec Order 26.4b1.</p> <p>Review of Resident #2's Medication Administration Record (MAR) and Treatment Administration Record (TAR) for the month of [REDACTED] NJ Exec Order 26.4b1 through [REDACTED] NJ Exec Order 26.4b1 did not reveal any documentation of [REDACTED] NJ Exec Order 26.4(b)(1) NJ Exec Order 26.4b1 or [REDACTED] NJ Exec Order 26.4b1 for Resident #2.</p> <p>Review of Resident #2's Progress notes for [REDACTED] NJ Exec Order 26.4b1, revealed no documentation that Resident #2's [REDACTED] NJ Exec Order 26.4b1 was [REDACTED] NJ Exec Order 26.4b1 or [REDACTED] NJ Exec Order 26.4b1 was completed.</p> <p>Review of Resident #2's progress note documentation dated [REDACTED] NJ Exec Order 26.4b1, revealed that Resident #2's [REDACTED] NJ Exec Order 26.4b1 was [REDACTED] NJ Exec Order 26.4b1 on [REDACTED] NJ Exec Order 26.4b1. Prior to [REDACTED] NJ Exec Order 26.4b1, Resident #2's [REDACTED] NJ Exec Order 26.4b1 was</p> | F 690  | <p>Monitoring</p> <p>The Unit Manager/Designee will conduct 3 sample audits of indwelling catheters or suprapubic catheters to ensure physician orders in place and report to DON monthly. The results of these audits will be reviewed at the quarterly QAPI Committee meeting for 6 months.</p> |  |  |

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| F 690   | <p>Continued From page 3</p> <p>NJ Exec Order 26.4b1 NJ Exec Order 26.4b1 prior on NJ Exec Order 26.4b1.</p> <p>During an interview with the Surveyor on 07/31/24 at 3:05 PM, the US FOIA (b)(6) stated, "there should be an order if a resident has a NJ Exec Order 26.4b1. A NJ Exec Order 26.4b1 should be NJ Exec Order 26.4b1 every 30 days." The US FOIA (b)(6) further stated that there should have been an order for NJ Exec Order 26.4b1.</p> <p>During an interview with the Surveyor on 7/31/24 at 2:44PM, the US FOIA (b)(6) stated that prior to the Concern Form dated NJ Exec Order 26.4b1 from Resident #2's representative, there was no order for NJ Exec Order 26.4b1. The US FOIA (b)(6) also stated that there should have been an order for the NJ Exec Order 26.4b1 and that the NJ Exec Order 26.4b1 should have been NJ Exec Order 26.4b1 and as needed as per policy. The US FOIA (b)(6) further stated, "the facility's policy was not followed."</p> <p>Review of the facility's "Foley Catheter Care and Change Policy," revised on 09/2014, indicated that indwelling Foley catheter be changed monthly and as needed to prevent infection, clogging, and catheter-associated urinary tract infections.</p> <p>NJAC 8:39 - 19.4 (a)(5)</p> | F 690  |  |                            |  |

New Jersey Department of Health

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| S 000   | Initial Comments<br><br>Complaint#: NJ172132, NJ175519<br><br>Census: 128<br><br>Sample: 4<br><br>The facility was not in compliance with the standards in the New Jersey Administrative code, 8:39, standards for licensure of Long Term Care Facilities. The facility must submit a Plan of Correction, including a completion date for each deficiency and ensure that the plan is implemented. Failure to correct deficiencies may result in enforcement action in accordance with the provisions of the New Jersey Administrative Code, Title 8, chapter 43E, enforcement of licensure regulations. | S 000   |  |  |
| S 560   | 8:39-5.1(a) Mandatory Access to Care<br><br>(a) The facility shall comply with applicable Federal, State, and local laws, rules, and regulations.<br><br>This REQUIREMENT is not met as evidenced by:<br>Complaint #: NJ172132, NJ175519<br><br>Based on interviews and review of facility documents on 07/31/2024, it was determined that the facility failed to ensure staffing ratios were met for 1 of 14-day shifts reviewed. This deficient practice had the potential to affect all residents.<br><br>Findings include:   | S 560   | S560 Staffing Deficiency<br><br>I. Reinforcement and education for staffing coordinator to meet staffing ratios. Education of staffing coordinator for review of vacation requests/Paid Time Off to ensure staffing ratios are met prior to approval. Incentives and retention efforts for prevention of callouts. | 8/26/24  |

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| S 560   | <p>Continued From page 1</p> <p>Reference: New Jersey Department of Health (NJDOH) memo, dated 01/28/2021, "Compliance with N.J.S.A. (New Jersey Statutes Annotated) 30:13-18, new minimum staffing requirements for nursing homes," indicated the New Jersey Governor signed into law P.L. 2020 c 112, codified as N.J.S.A. 30:13-18 (the Act), which established minimum staffing requirements in nursing homes. The following ratio (s) were effective on 02/01/2021:</p> <p>One Certified Nurse Aide (CNA) to every eight residents for the day shift. One direct care staff member to every 10 residents for the evening shift, provided that no fewer of all staff members shall be CNAs and each direct staff member shall be signed into work as a certified nurse aide and shall perform nurse aide duties: and One direct care staff member to every 14 residents for the night shift, provided that each direct care staff member shall sign in to work as a CNA and perform CNA duties.</p> <p>For the 2 weeks of staffing prior to complaint survey from 07/14/2024 to 07/27/2024, the facility was deficient in CNA staffing for residents on 1 of 14-day shifts, as follows:</p> <p>On 07/22/24 had 13 CNAs for 131 residents on the day shift, required at least 16 CNAs.</p> | S 560   | <p>Certified Nursing Assistants were requested from our current staffing agency platforms. Offered overtime to to accommodate any open shifts. Efforts to hire facility staff will continue until there are adequate staffing to serve all residents. The facility will continue to utilize staffing agencies to fill open spots in the schedules across all shifts.</p> <p>II. All residents are at risk for this same deficiency.</p> <p>III. Additional staffing agencies are in place to supplement certified nursing assistant shortages. Recruitment efforts and wage adjustments were put into place and continue.</p> <p>Job fair for recruitment scheduled as well as Online job postings including social media platforms. collaboration with Certified Nursing Assistant schools to obtain and recruit new staff. Advertising to include shift differentials, referral and sign on bonuses.</p> <p>IV. Weekly meetings will be held with both Human Resources and staffing coordinator in attendance with Administrator to review schedules for adequate staffing and identify areas of need. Human Resources will audit staffing schedules weekly and report to Administrator to ensure patient and staffing ratios are met. Human Resources will report recruitment and retention data trends to QAPI meeting for the next consecutive 6 months.</p> |  |

## POST-CERTIFICATION REVISIT REPORT

|  |   |                              |
|--|---|------------------------------|
| PROVIDER / SUPPLIER / CLIA / IDENTIFICATION NUMBER<br>315259 | MULTIPLE CONSTRUCTION<br>A. Building<br>B. Wing                                       | DATE OF REVISIT<br>8/29/2024 |
| NAME OF FACILITY<br>MOUNTAINSIDE SKILLED NURSING AND REHAB   | STREET ADDRESS, CITY, STATE, ZIP CODE<br>1180 ROUTE 22 WEST<br>MOUNTAINSIDE, NJ 07092 |                              |

This report is completed by a qualified State surveyor for the Medicare, Medicaid and/or Clinical Laboratory Improvement Amendments program, to show those deficiencies previously reported on the CMS-2567, Statement of Deficiencies and Plan of Correction, that have been corrected and the date such corrective action was accomplished. Each deficiency should be fully identified using either the regulation or LSC provision number and the identification prefix code previously shown on the CMS-2567 (prefix codes shown to the left of each requirement on the survey report form).

| ITEM<br>Y4                                   | DATE<br>Y5                | ITEM<br>Y4  | DATE<br>Y5            | ITEM<br>Y4 | DATE<br>Y5 |
|--|---------------------------|---|-----------------------|------------|------------|
| ID Prefix F0690                              | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. # 483.25(e)(1)-(3)                      | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  | 08/28/2024                | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| REVIEWED BY<br>STATE AGENCY                  | REVIEWED BY<br>(INITIALS) | DATE  | SIGNATURE OF SURVEYOR | DATE       |            |
| REVIEWED BY<br>CMS RO                        | REVIEWED BY<br>(INITIALS) | DATE  | TITLE                 | DATE       |            |
| FOLLOWUP TO SURVEY COMPLETED ON<br>7/31/2024 |                           | <input type="checkbox"/> CHECK FOR ANY UNCORRECTED DEFICIENCIES. WAS A SUMMARY OF UNCORRECTED DEFICIENCIES (CMS-2567) SENT TO THE FACILITY?<br><input type="checkbox"/> YES <input type="checkbox"/> NO |                       |            |            |

## STATE FORM: REVISIT REPORT

|  |   |                              |
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| PROVIDER / SUPPLIER / CLIA / IDENTIFICATION NUMBER<br>062021 | MULTIPLE CONSTRUCTION<br>A. Building<br>B. Wing                                       | DATE OF REVISIT<br>8/29/2024 |
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This report is completed by a State surveyor to show those deficiencies previously reported that have been corrected and the date such corrective action was accomplished. Each deficiency should be fully identified using either the regulation or LSC provision number and the identification prefix code previously shown on the State Survey Report (prefix codes shown to the left of each requirement on the survey report form).

| ITEM<br>Y4                                   | DATE<br>Y5                | ITEM<br>Y4  | DATE<br>Y5            | ITEM<br>Y4 | DATE<br>Y5 |
|--|---------------------------|---|-----------------------|------------|------------|
| ID Prefix S0560                              | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. # 8:39-5.1(a)                           | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  | 08/26/2024                | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| ID Prefix                                    | Correction                | ID Prefix   | Correction            | ID Prefix  | Correction |
| Reg. #                                       | Completed                 | Reg. #  | Completed             | Reg. #     | Completed  |
| LSC  |                           | LSC   |                       | LSC        |            |
| REVIEWED BY<br>STATE AGENCY                  | REVIEWED BY<br>(INITIALS) | DATE  | SIGNATURE OF SURVEYOR | DATE       |            |
| REVIEWED BY<br>CMS RO                        | REVIEWED BY<br>(INITIALS) | DATE  | TITLE                 | DATE       |            |
| FOLLOWUP TO SURVEY COMPLETED ON<br>7/31/2024 |                           | <input type="checkbox"/> CHECK FOR ANY UNCORRECTED DEFICIENCIES. WAS A SUMMARY OF UNCORRECTED DEFICIENCIES (CMS-2567) SENT TO THE FACILITY?<br><input type="checkbox"/> YES <input type="checkbox"/> NO |                       |            |            |